

## How to Register for Care and Prevention

1. Enter [www.bcps.org](http://www.bcps.org)
2. Click on "our system"
3. Click on "offices"
4. Click on "professional development"
5. Click on "online registration"
6. Sign on using email address (make sure you use the pulldown to get to the PDC Inservice Catalog – CPD Courses catalog)
7. Click on "catalog" on the left hand side
8. Click on [Care and Prevention of Athletic Injuries and CPR](#)
9. Scroll down to the section you want and hit the register button
10. **Send a \$30 check made out to BCPS to:**
  - Office of Athletics**
  - 9610 Pulaski Park Dr.**
  - Suite 219**
  - Baltimore, MD 21220**